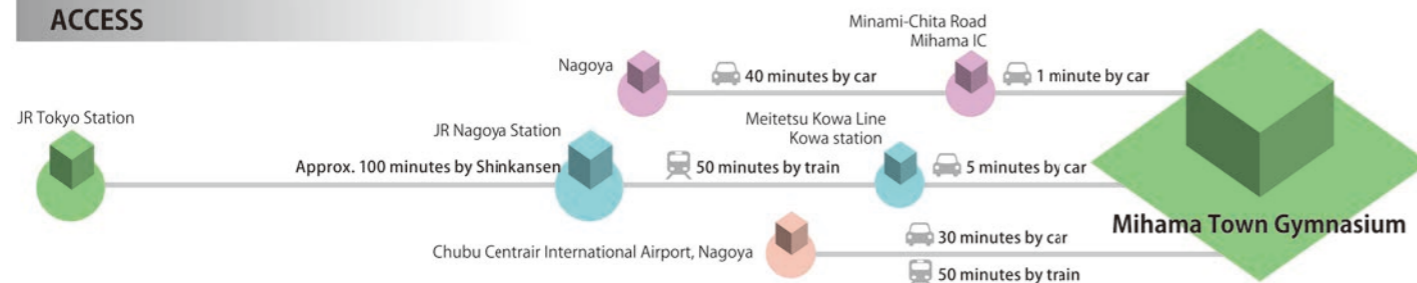


Mihama Town Gymnasium

Address	1-2, Aza-junitani, Oaza-kitakata, Mihama-cho, Chita-gun, Aichi Prefecture
Size and specifications	Air-conditioners partly equipped (a sub-arena, training rooms, lecture rooms, Japanese-style rooms, conference rooms, a sub-arena waiting room) Note: Facilities in the above bracket are fully air-conditioned, and the main arena is not air-conditioned
Completed	1992
Parking spaces	550 spaces
Universal design	Sloped doorways, Braille blocks, Wheelchair-accessible restrooms, Elevator for the disabled, Disabled parking spaces
Affiliated facilities	Lockers for shoes, 2 showers each for men and women, 1 locker room each for men and women, 1 sub-arena waiting room, 2 storerooms, Restrooms for men and women, Elevators
Website	http://www.town.aichi-mihama.lg.jp



ACCESS



Accommodations in the vicinity

<ul style="list-style-type: none"> Iroharyokan 12 minutes by car from training facility, capacity 100 people http://irohaya.jp.net/ Kanponoyado, Chitamihama 10 minutes by car from training facility, capacity 146 people, spa available https://www.kanponoyado.japanpost.jp/chitamihama/ Hotel Onoura 11 minutes by car from training facility, capacity 90 people, spa available http://www.onoura.jp/ Yamaniryokan 9 minutes by car from training facility, capacity 80 people http://www.yamaniryokan.com/ Isshikiso 12 minutes by car from training facility, capacity 30 people http://www.tac-net.ne.jp/~ishikiso/ Kaihinkan 12 minutes by car from training facility, capacity 35 people http://www.namihei-kaihinkan.com/ Uomasa 10 minutes by car from training facility, capacity 30 people http://uomasao.jimdo.com/ 	<ul style="list-style-type: none"> Momijiyaryokan 10 minutes by car from training facility, capacity 100 people http://chita-momijiya.com/ Onourakan 14 minutes by car from training facility, capacity 40 people Shineikan 12 minutes by car from training facility, capacity 30 people, http://www.tac-net.ne.jp/~shineikan/ Kashiwayaryokan 10 minutes by car from training facility, capacity 80 people (for students: 120 people) http://www.kashiwayaryokan.net/ Ryokan Bousuiso 16 minutes by car from training facility, capacity 15 people, (groups of 24 people) http://www.tac-net.ne.jp/~bousuiso/ Mihama shonen Shizenno ie 16 minutes by car from training facility, capacity 504 people, http://sizennoie-mihama.jp/
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Medical institutions in the vicinity

<ul style="list-style-type: none"> JA Aichi-kouseiren Chitakousei Hospital 	<ul style="list-style-type: none"> Medical corporation "Zuishinkai" Watanabe Hospital
Address 81-6, Aza-nishitani, Oaza-kowa, Mihama-cho, Chita-gun, Aichi Prefecture	Address 45-2, Aza-kamikawada, Oaza-noma, Mihama-cho, Chita-gun, Aichi Prefecture
Holidays and nighttime Emergency care available 24 hours a day	Holidays and nighttime Emergency care available 24 hours a day
Departments Internal Medicine, Respiratory Medicine, Cardiology, Gastroenterology, Diabetic Medicine, Neurology, Hematology, Pediatrics, Surgery, Orthopedic Surgery, Rheumatology, Neurosurgery, Dermatology, Urology, Obstetrics and Gynecology, Ophthalmology, Otolaryngology, Physical Therapy and Rehabilitation, Radiology, Anesthesiology	Departments Internal Medicine, Gastroenterology, Cardiology, Respiratory Medicine, Neurology, Orthopedic Surgery, Dermatology, Pediatrics, etc.
Foreign language support None	Foreign language support English
Distance from training facility 3 km, 5 minutes by car	Distance from training facility 7 km, 13 minutes by car
Website http://www.jaakosei.or.jp/chitakosei/	Website http://www.watanabe-hospital.com/index.html

Mihama Town Gymnasium, Information TEL +81-569-82-5200

Office hours: Tue. through Sun. 9:00 a.m.-5:00 p.m.
* Except national holidays and Dec. 29 through Jan. 3
* Only Japanese available.

E-Mail taiku@town.aichi-mihama.lg.jp (Only Japanese available)

Information on the sports facilities in Aichi Aichi Sports Commission <http://aichi-sc.jp/>

*The information listed on this leaflet is as of October, 2018, and is subject to change without notice.

Surrounded by beautiful nature in a green location

Mihama Town Gymnasium



■ Mihama Town, Aichi Prefecture

Pre-game training camp/Suggested Sports

Table Tennis, Badminton, Basketball, Volleyball



Main arena Area 1,655 m²

- Total floor area: 1,655 m² (45m×37m)
- Available space for 2 basketball courts, 3 volleyball courts, 10 badminton courts or 24 table-tennis tables.
- Also equipped with a movable and folding type mobile stage (H:0.9m × W:11m × D:5m).



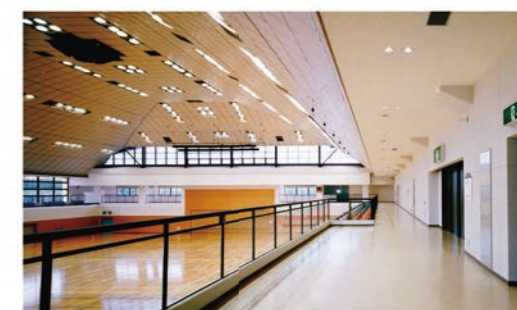
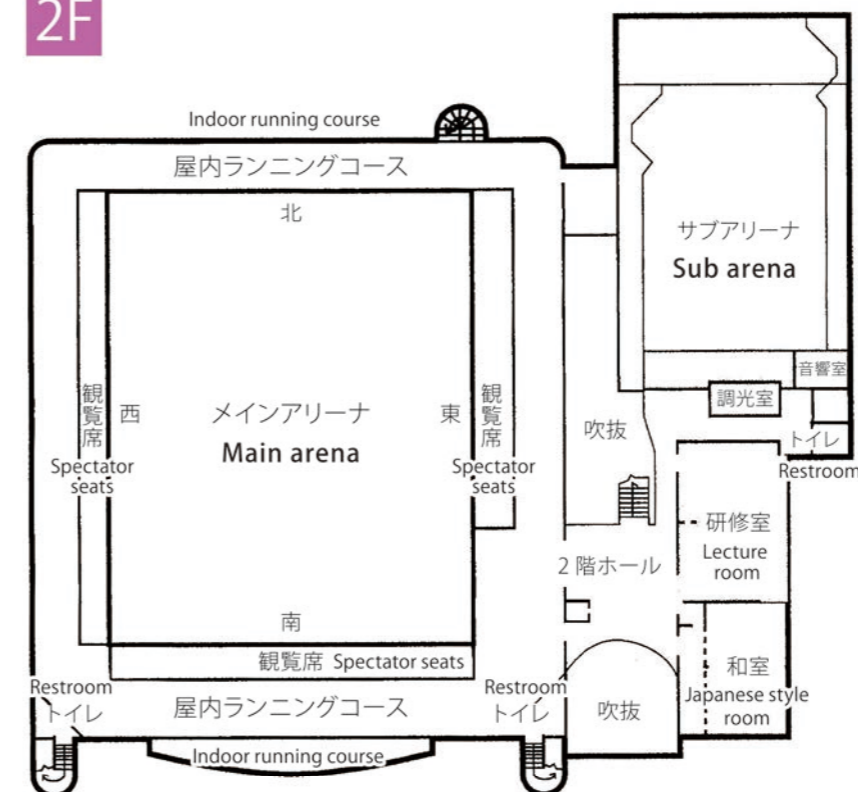
Sub arena

- Total floor area: 380 m² (22.4m×17m)
- The space is wide enough for 2 badminton courts, and can be used compactly for many purpose such as dancing, "Kendo", and other recreational games.
- This arena also serves as a culture hall, and has a stage with a thick drop curtain and 336 movable seats.

Mihama Town Gymnasium

This gymnasium is a core facility of sports in Mihama Town. Located in Mihama Park, it is a center for culture and sports since it is close to various sports facilities such as the ground, tennis courts, and promenade, and other cultural facilities such as the library and the lifetime study center.

2F



Indoor running course

Most suitable for warming up before training, running and walking. Track: 180m.



Training room

A sufficient number of running machines and aerobic bikes are installed in the room with mirrors on the wall. Floor mats are also available for various kinds of training.



Locker room

One locker room with lockers and a shower room each for men and women are available. Two showers each for men and women are available.



Lecture room

This lecture room can be used for conferences and small meetings with a space of 114 m². Also equipped with tables and chairs, the room can accommodate up to about 70 people.



Japanese-style room

A space of 63 m² can be secured by removing the partitions.

1F

